

# Celebrating 8 years of Empowerment





# Mission

A photograph of three young women in Nepal. The woman in the center, wearing a pink t-shirt, is flexing her right bicep and smiling. The woman on the left is wearing a red and white traditional Nepali garment with a gold border and is looking towards the center woman. The woman on the right is wearing a light blue button-down shirt with a red ruffled scarf and is also smiling. The background is a plain, light-colored wall.

Empower girls through quality education so that we can eradicate child marriage, end gender inequality, and enable a more equitable and prosperous Nepal.

# What does **empowerment** mean

**Educate**



**Motivate**



**Protect**



**HerStory Clubs**



**Moms Club**



**Food!**



# 2019 Goals

We feel great about how we did on **5 of the 6 goals**, but we know that there is always more work to do.

1. Become a women led organization in Nepal
2. Expand the Nutrition Program
3. Create a Space for Girls and Women of all Generations
4. Become a more Mindful organization
5. Adopt a School
6. Better Document our Work through Videos







रुक्मिणी प्रतिष्ठानको सातौं वर्षको अभियान

13th ANNIVERSARY



13th October 2020

Happy Dashain ☺

आश्विन २० २०७२

Happy Dashain

Our Leadership Team:  
Led by Usha Adhikari





School Day Meal Program:  
Kalika Secondary School



RUKMINI  
MOM'S  
CLUB

Trying to bridge the gap between  
our youth clubs and Mom's Club

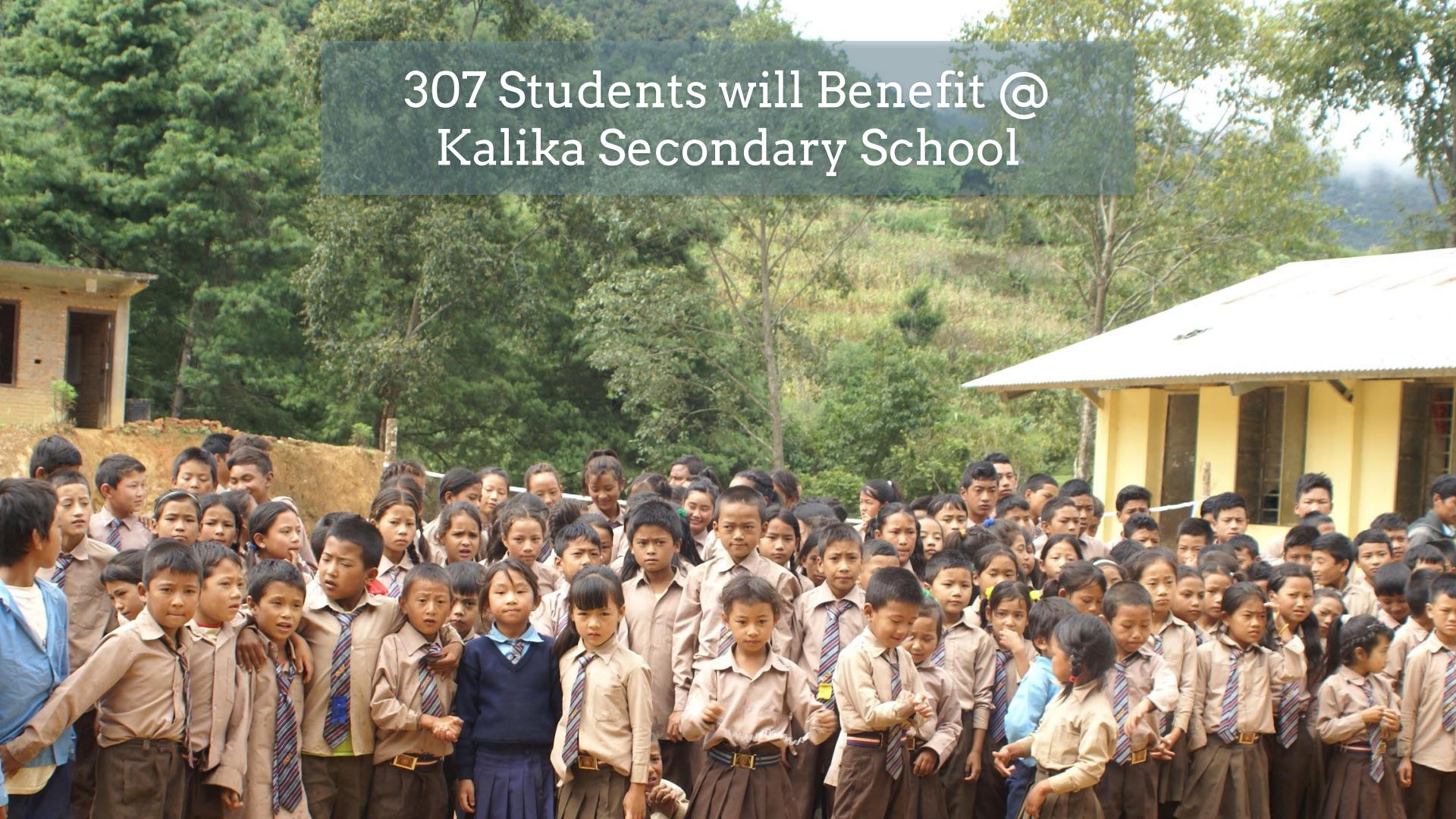




Becoming a more mindful  
organization



# 307 Students will Benefit @ Kalika Secondary School





# Documentary Team of Bill & Danny Visited Nepal to Learn, Teach and Document



LEARNING TO FLY





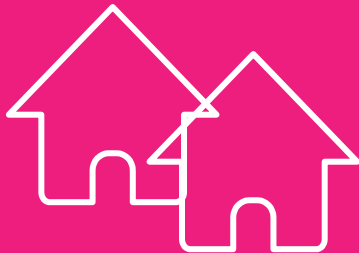
**~52,000**

**Meals Served**



**35**

**Villages**



**100**

**Graduates & Continuing  
Scholars**

# HerStory Camp 2019







From Scholar  
to Leader

“

*I feel lucky and proud because I am one of the scholar of the Rukmini Foundation and I am working in Rukmini Foundation nowadays. Thank you for giving me this golden opportunity to be a one part of Rukmini foundation.*

***Sirjana Tamang, Rukmini Didi &  
Graduate Rukmini Scholar***



We celebrated World Read Aloud Day in multiple communities again in 2019







The Pittsburgh Community including a strong Nepali presence during our #RunForRukmini Event



A close-up photograph of three high school students from Mechanicsburg, PA, smiling at the camera. The student on the left is a young man with dark hair and a wide smile. The student in the center is a young woman with dark hair and a bright smile. The student on the right is a young woman with long blonde hair and a gentle smile. They are all wearing dark clothing.

High Schoolers from Mechanicsburg,  
PA Ask:

**CAN YOU CHANGE THE WORLD?**

# Thayjas Visits Nepal





## Hail to Pitt

2 New Board  
Members  
and Pitt  
Alum join  
our team.

## Harinee Suthakar



## Tara Matthews



# 2020 Goals

These are the  
areas we want to  
focus on for next  
year

1. Invest in scholars' entrepreneurial efforts
2. Provide additional capacity development opportunities for Nepal Team
3. Enhanced focus on mental health and emotional well-being
4. Continue to be evidence-based and continue to learn
5. Publish a detailed impact assessment report
6. Implement a Reading Circle Program



# Call to Action

*How you can take action on girls education?*



A

**Advocate:** for equal access to quality education for all. Through Social Media or through your daily interactions.

C

**Contribute:** support causes you believe in that fight for important issues like quality education for all. Every bit helps!!

T

**Take Action:** All of us have the power to take positive action. If you want to learn how, we can suggest some ideas.



# Let's keep the conversation going

**Rukmini.Foundation**



**@RukminiFund**



**@RukminiFoundation**



**info@rukminifoundation.org**

# Thank you for another memorable year

We are grateful to you  
for your support, which  
allowed us to serve  
nearly 52,000 meals, see  
100 girls graduate from  
high school and have our  
team work across 35  
villages...and much  
more.

Please stay tuned for  
exciting things  
happening in 2020.



[WWW.RUKMINIFOUNDATION.ORG](http://WWW.RUKMINIFOUNDATION.ORG)



Namaste from HerStory Members